

>>> PRODUCTS

PURE-COL PAINNOMORE £13.95

Let's be honest, if you're training for a marathon, or for that matter, any running event, niggles, pains and aches are par for the course. If there was a magic potion that made them all disappear, it would be the first – and only – thing you'd turn to.



PainNoMore might not be that magic potion, but it's a pretty good substitute. Combining collagen with aloe vera, PainNoMore was originally designed to cater for athletes, sports people and regular gym goers seeking quick-fix relief from sporting injuries.

It comes in the form of a massage lotion with a deep-heat type sensation, and blends aloe vera (an effective anti-inflammatory) and collagen, which is ideal for protecting and repairing muscle, cartilage and bone and facilitating joint mobility.

Already proving a hit with a diverse range of sporting celebs, including Nikki Diamond (aka Gladiator Scorpio) and former GB Female Athlete of the Year, Becky Lyne, it could prove an essential part of every runner's pre-marathon armoury!

>>>> www.lookandhealth.com